**Do It For The Love of It**

Sadie Vance

Why live if you’re not doing what you love? To me, life is about doing what you love and doing what makes you feel alive, such as going to festival over the weekend and dancing, laughing, having fun with good people, and truly letting go. Who cares what other people think of you? All that matters is what you think of yourself, and that you love yourself fully, unconditionally, and forever. Loving yourself first allows you to love and appreciate others more. Other people have their own life that they should be worrying about instead of telling other people what to do with their lives.

Once you realize that, and start doing what you love, you create a little flicker in your heart that keeps you going. That flicker starts to grow into a fire that stays with you until you die. This is how you should feel throughout your entire life. Whether if that spark is going to the beach, camping with friends, or even reading a fascinating book. Life is too short to not be doing what you are crazy about. If you truly love something, don’t let other people get in the way of it. You do you, and everything will be alright.

When I was eight, I went to a Michael Franti concert and I became aware of the positive life he shares. My family and friends and I were dancing throughout the entire concert until at the end, when Michael Franti called all the kids on stage. My friends and I didn’t even think twice before we jumped over the rail and got up on his stage with all the other kids. Once all the kids were on, he began singing one of my favorite songs; “Say Hey, I Love You”. I was so happy and couldn’t stop jumping or giving the peace sign to the roaring crowd. I didn’t think that night could get any better, but then he handed me the microphone and without even questioning it, I sang out the lyrics. It was the best feeling in my chest that nothing could overcome.

Feeling the way I did on stage, taught me what makes me feel alive, and to do more things like this in life. Or doing little things that puts yourself out there. Doing the little things that you love, will make you a happier person in general, no matter how small. Great things will happen, it just takes time. I’m not saying that all of life will be great, there will be the bumps in the road, but taking the negatives and turning them into positives will help you. You will start to live the life you love.

459